



ADULT LEAGUE POLICY

Approval Date: 04/09/2015 Revision Date: 03/21/2017

Purpose: Iberia Soccer Association (ISA) strives to provide an environment of learning, and technical development through a fun, exciting soccer program for adults. This league was intended to provide an area for our coaches, parents and other local adults who would like to experience playing soccer in an organized manner.

Age of Eligibility: A player's age is determined by the age they will be as of 1st of the current playing Season.

COED DIVISION

MEN: AGES 25 AND OLDER

WOMEN: AGES 18 AND OLDER

MALE DIVISION

MEN: AGES 18 AND OLDER

FEMALE DIVISION

WOMEN: AGES 18 AND OLDER

Format of Play: The format of play may be adjusted by league officials to accommodate the number of players at any given game.

- Number of Players – 7 v 7 or 11 v 11
 - Goalkeepers
 - Substitutions – At any stoppage and are unlimited.
- Field of Play (7v7) – 50 yds wide x 70 yds long
 - Goal size – 7' x 21'
 - Goal box area, corner arc, penalty area and flags
- Field of Play (11v11) – 65 yds wide x 120 yds long
 - Goal size – 8' x 24'
 - Goal box area, corner arc, penalty area and flags
- Ball size – 5
 - Free kicks can be direct or indirect. Players must be 10 yards away from ball until it is in play.
- Throw-ins
- Goal kick – must be taken from any point inside the goal box area.
- Offside Rules Apply
- Slide Tackling is not allowed
- Duration of Match (At the discretion of the Official)
 - Two (2) 40 Minute halves, Five Minute Halftime or (4) 20 Minute Quarters
- No Alcohol
- No Fighting

Team Formation: Once Players are registered a player pass with a picture will be generated for every player. No teams will be formed. Games will be played as “luck of the draw”. Every game available player passes will be randomly picked and teams will be formed for that game. This process will be repeated every game with available players.

All players are required to be registered prior to participating. This ensures that all participants are covered under LSA insurance. Each player will be required to show their player card issued by ISA to the referee who will verify player names and pictures of each respective player’s pass before the start of each match. No exceptions will be made to this process. If a player cannot produce proper identification, he/she will not be permitted to play until such identification can be furnished.

COED DIVISION Female Players: Each team will strive to be formed will at least three equal female players. When a female player scores it is worth two points with the exception of own goals.

Substitutions: Substitutions will be made AT THE DISCRETION OF THE REFEREE at any stoppage and will be unlimited.

Uniform: Players will wear ISA pennies that will be available for every game. The goalkeeper shall wear colors which distinguish them from players of both teams and the officials.

Players may wear tennis shoes or soccer specific cleats. Cleats for football or baseball have a toe cleat and are not permitted. **Players are required to wear shin guards.**

A player shall not wear anything that is dangerous to another player (i.e., watches, necklaces, earrings, rings, unpadded casts, hair clasps, hair feathers with metal clips, hair beads, plastic barrettes, bracelets, rubber wrist bands, etc.). Hair ribbons are allowed as long as they do not have solid clasps or clips.

Referee: Each match will have one center official and they will be assigned by the referee coordinator. All rule infractions shall be briefly explained to the offending player. Cards may be shown. If a player is shown a red card (or receives two yellow cards in the same game) he/she will be required to miss the next scheduled match.

Fouls and Misconducts: Slide tackles are not allowed. Tackles from behind or reckless challenges with cleats showing are cardable offenses. Cursing or abusive language towards opponents, teammates, referees, or spectators will not be tolerated and is considered a cardable offense.

All cardable offenses and ejections shall be explained to the player. An ejected player may not be substituted in for the remainder of the game and will not be allowed to return to play until AFTER the next scheduled game. In the event that a player refuses to furnish their name to the referee, it is the responsibility of the team captain to furnish the name to the referee. Failure of an ejected player to leave will cause the game to be suspended.

Players that are ejected for violent conduct (fighting or intentionally attempting to injure another player or official) will be subject to expulsion from the league. A committee consisting of ISA board members will hold a hearing to determine the length of suspension or expulsion given each particular situation. In the case of referee abuse, ISA will report this conduct to the Louisiana Soccer Association who may impose further suspensions.

Yellow Cards: If a player accumulates 3 yellow cards over the course of a season, he/she will be suspended for the next scheduled game. ***If any player accumulates 6 yellow cards over the course of a season, he/she will be suspended for the next scheduled game and must pay a \$25 fine before they can participate in another game in the current, or next, season.***

Red Cards: If a player receives a red card as a result of 2 yellow cards in the same game, he/she will be suspended for the next scheduled game. If a player receives a straight red card, he/she will be suspended for the next scheduled game.

If a player receives a straight red card for dangerous/malicious challenges, or foul or abusive language directed toward a teammate, an opponent, or a referee, he/she will be suspended for the next scheduled game and pay a \$50 fine before they can participate in another game in the current or next season.

If a player receives a straight red card for fighting, striking, or attempting to fight or strike, a teammate, an opponent, or a referee, he/she will be banned from the league for at least one year and pay a \$100 fine before being allowed to register with the league again.

If any player accumulates two red cards in the same season, he/she will be expelled from the league for the remainder of the current season and pay a \$100 fine before being allowed to register with the league again.

NOTE: Any player receiving more than one red card in a season will be referred to the League's Discipline and Protest Committee for review, and possibly any additional suspension.

Appeal Process: Any player, who wishes to appeal an infraction that results in match suspension or fine, may do so within 48 hours of the end of the match. An email must be sent to the league (iberiasoccer@yahoo.com) within the 48 hour time frame. All appeals will be considered by the League's Discipline and Protest Committee. The Committee will take into account the referee's game report and the appellant's account of the incident.

Spectator Area: Spectators are to stay on their designated side of the field and in the area designated as the spectator area. The purpose of this area is to prevent individuals from interfering with play and to allow the referee an unobstructed view of the game and bench area. Under no circumstances should anyone be standing behind the goal during the course of the game.

**Good Sportsmanship will be expected in every game throughout the season.
This is the number one rule!!**